



Center for Compassion and Creativity

WRITING RETREAT



@ NOME SCHOOLHOUSE | NOME, NORTH DAKOTA

EVENING | FRIDAY, APRIL 21 –
SUNDAY, APRIL 23 | NOON

GATHER in the historic Nome Schoolhouse's beautiful communal spaces to **REFLECT + WRITE**.

PRACTICE yoga + **MEDITATE** during guided sessions. **WANDER** the schoolhouse grounds.

NOURISH yourself with catered meals. **RETREAT** to your private room to **SLEEP + DREAM**.

Facilitated by **Carol Kapaun Ratchenski**, M.Ed., LPC. Carol has published two books of poetry – *A Beautiful Hell*, a Many Voices Project Award winner adapted to the stage by Theatre B, and *A Certain Kind of Forgiveness* – and *Familiar*, a novel. Her work has appeared in *Gypsy Cab*, *North Dakota Quarterly*, *Dust and Fire*, *Lake Region Review*, *Dash* and others, as well as the anthologies *Remembering Catholic Childhoods*, *The Cancer Poetry Project* and *Visiting Bob: Poems Inspired by the Life and Work of Bob Dylan*. Carol is the owner-operator of The Center for Compassion and Creativity in Fargo.

// FEE | **\$695** // REGISTRATION / QUESTIONS | center4candc@gmail.com or **701.261.2955** //

Fee includes retreat facilitation, guided yoga + meditation, single-occupancy lodging + all meals.