## WRITING RETREAT

Center for Compassion and Creativity



## @ NOME SCHOOLHOUSE | NOME, NORTH DAKOTA

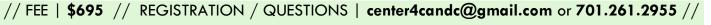
## EVENING | FRIDAY, APRIL 21 – SUNDAY, APRIL 23 | NOON

**GATHER** in the historic Nome Schoolhouse's beautiful communal spaces to **REFLECT** + **WRITE**.

**PRACTICE** yoga + **MEDITATE** during guided sessions. WANDER the schoolhouse grounds.

**NOURISH** yourself with catered meals. **RETREAT** to your private room to **SLEEP** + **DREAM**.

Facilitated by **Carol Kapaun Ratchenski**, M.Ed., LPC. Carol has published two books of poetry – A Beautiful Hell, a Many Voices Project Award winner adapted to the stage by Theatre B, and A Certain Kind of Forgiveness – and Familiar, a novel. Her work has appeared in Gypsy Cab, North Dakota Quarterly, Dust and Fire, Lake Region Review, Dash and others, as well as the anthologies Remembering Catholic Childhoods, The Cancer Poetry Project and Visiting Bob: Poems Inspired by the Life and Work of Bob Dylan. Carol is the owner-operator of The Center for Compassion and Creativity in Fargo.



Fee includes retreat facilitation, guided yoga + meditation, single-occupancy lodging + all meals.